

## Farmers Training Programme on Food and Nutrition on 26<sup>th</sup> August, 2021

A one day training programme on food and nutrition was organized at CPRI for the farmers on 26<sup>th</sup> August. The motive of the programme was to make the farmer community aware of the nutritional elements present in our daily diet and what should be added or reduced so as to make our diet a balanced diet also they were told about what practice they should follow to grow their crops to make them healthier for the consumers.

